

Fortijuice

Description

Fortijuice is a Food for Special Medical Purposes for use under medical supervision. Fortijuice is a juice tasting, ready to drink, high-energy 1.5kcal/ml nutritional supplement with added vitamins, minerals and trace elements. Fortijuice can be used to supplement the diet of patients unable to meet their nutritional requirements from other foods and for those who do not like, or tire of, milk tasting supplements. Fortijuice is fat free and therefore is particularly suitable for patients on low fat diets. Fortijuice is available in 200ml bottles, with a flexible straw attached, in 7 flavours: Lemon, Apple, Orange, Strawberry, Tropical, Forest Fruits and Blackcurrant.

Indications

For enteral use only. GMS listed. ACBS approved for the following indications: short bowel syndrome; intractable malabsorption; pre-operative preparation of undernourished patients; inflammatory bowel disease; total gastrectomy; dysphagia; bowel fistulae; disease related malnutrition.

Contraindications

Not for intravenous use. Not suitable for children under 3 years of age. Not suitable for patients with galactosaemia.

Precautions

Not suitable as a sole source of nutrition. Only to be used as a supplement to the normal diet.

Directions for use

Fortijuice is best served chilled. Shake well before opening.

Storage

Store in a cool, dry place (5 - 25°C). Once opened, Fortijuice should be consumed within 4 hours or stored in a refrigerator for up to 24 hours. Discard unused contents thereafter.

Shelf life

12 months. Best before date: see side of bottle.

Ingredients (Lemon flavour*)

Water, glucose syrup, maltodextrin, milk protein, sucrose, flavour (lemon), acidity regulator (citric acid), choline chloride, calcium chloride, L-ascorbic acid, emulsifier (polysorbate 80), potassium chloride, ferrous lactate, sodium chloride, magnesium chloride, zinc sulphate, DL- α -tocopheryl acetate, colour (curcumin), nicotinamide, copper gluconate, sodium selenite, manganese sulphate, calcium D-pantothenate, chromium chloride, folic acid, D-biotin, pyridoxine hydrochloride, thiamin hydrochloride, retinyl palmitate, sodium molybdate, riboflavin, sodium fluoride, potassium iodide, cholecalciferol, phytomenadione, cyanocobalamin.

*For all other flavours, see individual packaging.

FORTIJUICE IS GLUTEN AND LACTOSE FREE.

Average Contents	Unit	per 100ml	per 100kcal
Energy:	kcal	150	100
	kJ	640	420
Protein:	g	4	2.7
nitrogen	g	0.6	0.4
NPC:N		214:1	214:1
% of total energy	%	11	11
Carbohydrate:	g	33.5	22.4
sugars	g	13.1	8.8
lactose	g	<0.025	<0.017
% of total energy	%	89	89
Fat:	g	0	0
saturates	g	0	0
% of total energy	%	0	0
Dietary fibre:	g	0	0
Minerals:			
sodium	mg (mmol)	9.7 (0.4)	6.5 (0.3)
potassium	mg (mmol)	9.3 (0.2)	6.2 (0.2)
chloride	mg (mmol)	178 (5.0)	119 (3.3)
calcium	mg (mmol)	30 (0.8)	20 (0.5)
phosphorus	mg (mmol)	12 (0.4)	8 (0.3)
magnesium	mg (mmol)	2 (0.1)	1.3 (0.1)
iron	mg	3	2
zinc	mg	2.3	1.5
copper	mcg	338	225
manganese	mg	0.63	0.42
fluoride	mg	0.19	0.13
molybdenum	mcg	19	13
selenium	mcg	11	7
chromium	mcg	13	8
iodine	mcg	25	17
Vitamins:			
vitamin A	mcg RE	188	125
vitamin D	mcg	1.3	0.9
vitamin E	mg α -TE	2.3	1.6
vitamin K	mcg	10	6.7
thiamin	mg	0.29	0.19
riboflavin	mg	0.32	0.21
niacin	mg NE	3.4	2.3
pantothenic acid	mg	1.0	0.67
vitamin B6	mg	0.33	0.22
folic acid	mcg	50	33
vitamin B12	mcg	0.39	0.26
biotin	mcg	7.5	5
vitamin C	mg	19	13
Others:			
choline	mg	69	46
Water:	g	75	50
osmolarity	mOsm/l	750	750
osmolality	mOsm/kg H ₂ O	955	955
potential renal solute load	mOsm/l	285	285