

Nutrison 1200 Complete Multi Fibre

Description

Nutrison 1200 Complete Multi Fibre is a Food for Special Medical Purposes for use under medical supervision. Nutrison 1200 Complete Multi Fibre is a 1.2kcal/ml tube feed for the dietary management of disease related malnutrition in patients with low energy and/or low fluid requirements. Nutrison 1200 Complete Multi Fibre is nutritionally complete in *1200kcal/1000mls. Suitable as a sole source of nutrition for adults and children over 6 years of age.

Indications

For enteral use only. GMS listed. ACBS approved prescribable on form FP10 for the following indications: short bowel syndrome; intractable malabsorption; preoperative preparation of undernourished patients; inflammatory bowel disease; total gastrectomy; dysphagia; disease related malnutrition.

Contraindications

Not for intravenous use. Not suitable for infants under 1 year of age. Not suitable for patients with galactosaemia or patients requiring a fibre free diet.

Precautions

Use with caution in children aged 1 - 6 years.

Directions for use

Shake well before opening immediately prior to use at room temperature. Maximum hanging time 24 hours.

Storage

Store in a cool, dry place (5 - 25°C) and away from direct sunlight. Once opened, store in a refrigerator (<5°C) if not being used and any unused contents discarded after 24 hours.

Shelf life

Glass bottle: 15 months. Pack: 12 months.

Best before date: see top of pack or side of glass label.

Ingredients

Water, maltodextrin, milk proteins, vegetable oils, dietary fibres (soy polysaccharides, resistant starch, inulin, arabic gum, cellulose, oligofructose), tri potassium citrate, tri sodium citrate, di potassium hydrogen phosphate, emulsifier (soy lecithin), tri calcium di citrate, calcium chloride, sodium chloride, magnesium chloride, choline chloride, carotenoids (contains soy) (β -carotene, lutein, lycopene), magnesium carbonate, sodium L-ascorbate, potassium hydroxide, ferrous lactate, zinc sulphate, nicotinamide, retinyl acetate, copper gluconate, DL- α -tocopheryl acetate, sodium selenite, manganese sulphate, calcium D-pantothenate, chromium chloride, D-biotin, cholecalciferol, thiamin hydrochloride, folic acid, pyridoxine hydrochloride, cyanocobalamin, sodium molybdate, riboflavin, sodium fluoride, potassium iodide, phytomenadione.

*Except for magnesium in males – nutritionally complete in 1100mls. Based on Irish RDA's 1999 and UK DRV's 1991. Excluding electrolytes sodium, potassium and chloride.

NUTRISON 1200 COMPLETE MULTI FIBRE IS GLUTEN AND LACTOSE FREE.

Average Contents	Unit	per 100ml	per 100kcal
Energy:	kcal	120	100
	kJ	505	420
Protein:	g	5.5	4.6
nitrogen	g	0.9	0.7
NPC:N		114:1	114:1
% of total energy	%	18	18
Carbohydrate:	g	15	12.5
polysaccharides	g	13.4	11.1
sugars	g	1.2	1
lactose	g	<0.025	<0.025
% of total energy	%	50	50
Fat:	g	4.3	3.6
saturates	g	0.4	0.4
% of total energy	%	32	32
Dietary fibre:	g	2	1.7
soluble	g	1.0	0.8
insoluble	g	1.0	0.8
Minerals:			
sodium	mg (mmol)	150 (6.5)	125 (5.4)
potassium	mg (mmol)	225 (5.6)	188 (4.7)
chloride	mg (mmol)	188 (5.3)	157 (4.4)
calcium	mg (mmol)	120 (3.0)	100 (2.5)
phosphorus	mg (mmol)	96 (3.1)	80 (2.6)
magnesium	mg (mmol)	27 (1.1)	23 (0.9)
iron	mg	2.4	2
zinc	mg	1.8	1.5
copper	mcg	270	225
manganese	mg	0.50	0.42
fluoride	mg	0.15	0.13
molybdenum	mcg	15	13
selenium	mcg	8.5	7.1
chromium	mcg	10	8.3
iodine	mcg	20	17
Vitamins:			
vitamin A	mcg RE	123	103
– carotenoids	mg	0.30	0.25
vitamin D	mcg	1.1	0.9
vitamin E	mg α -TE	1.9	1.6
vitamin K	mcg	8	6.7
thiamin	mg	0.23	0.19
riboflavin	mg	0.24	0.20
niacin	mg NE	2.7	2.3
pantothenic acid	mg	0.80	0.67
vitamin B6	mg	0.26	0.22
folic acid	mcg	40	33
vitamin B12	mcg	0.32	0.27
biotin	mcg	6	5
vitamin C	mg	15	13
Others:			
choline	mg	55	46
Water:	g	80	67
osmolarity	mOsm/l	340	340
osmolality	mOsm/kg H ₂ O	420	420
potential renal solute load	mOsm/l	514	514