

# Nutrison Soya Multi Fibre

## Description

Nutrison Soya Multi Fibre is a Food for Special Medical Purposes for use under medical supervision. Nutrison Soya Multi Fibre is a 1kcal/ml tube feed enriched with 1.5g/100ml of Multi Fibre for patients who are intolerant to, or wish to avoid cows' milk protein. Nutrison Soya Multi Fibre is designed for the dietary management of patients with disease related malnutrition. Suitable as a sole source of nutrition for adults and children over 6 years of age.

## Indications

For enteral use only. ACBS approved, prescribable on form FP10 for the following indications: short bowel syndrome; intractable malabsorption; preoperative preparation of undernourished patients; inflammatory bowel disease; total gastrectomy; dysphagia; disease related malnutrition; cows' milk protein; lactose intolerance.

## Contraindications

Not for intravenous use. Not suitable for infants under 1 year of age. Not suitable for patients with galactosaemia. Not suitable for patients with a soy protein allergy. Not suitable for patients requiring a fibre free diet.

## Precautions

Use with caution in children aged 1 - 6 years.

## Directions for use

Shake well before opening immediately prior to use at room temperature. Maximum hanging time 24 hours.

## Storage

Store in a cool, dry place (5 - 25°C) and away from direct sunlight. Once opened, store in a refrigerator (<5°C) if not being used and any unused contents discarded after 24 hours.

## Shelf life

Pack: 12 months. Best before date: see top of pack.

## Ingredients

Water, maltodextrin, soy protein isolate, vegetable oils, dietary fibres (soy polysaccharides, resistant starch, inulin, arabic gum, cellulose, oligofructose), tri potassium citrate, emulsifier (soy lecithin), tri sodium citrate, acidity regulator (citric acid), magnesium carbonate, tri calcium phosphate, di potassium hydrogen phosphate, choline chloride, carotenoids (contains soy) ( $\beta$ -carotene, lutein, lycopene), sodium chloride, potassium chloride, calcium hydroxide, sodium L-ascorbate, potassium hydroxide, ferrous lactate, zinc sulphate, nicotinamide, retinyl acetate, DL- $\alpha$ -tocopheryl acetate, manganese sulphate, copper gluconate, calcium D-pantothenate, chromium chloride, D-biotin, cholecalciferol, folic acid, thiamin hydrochloride, pyridoxine hydrochloride, cyanocobalamin, riboflavin, sodium selenite, sodium fluoride, potassium iodide, sodium molybdate, phytomenadione.

**NUTRISON SOYA MULTI FIBRE IS GLUTEN, LACTOSE AND MILK PROTEIN FREE.**

| Average Contents            | Unit                     | per 100ml/<br>100kcal |
|-----------------------------|--------------------------|-----------------------|
| <b>Energy:</b>              | kcal                     | 100                   |
|                             | kJ                       | 420                   |
| <b>Protein:</b>             | g                        | 4                     |
| nitrogen                    | g                        | 0.6                   |
| NPC:N                       |                          | 131:1                 |
| % of total energy           | %                        | 16                    |
| <b>Carbohydrate:</b>        | g                        | 12.3                  |
| polysaccharides             | g                        | 11.3                  |
| sugars                      | g                        | 0.7                   |
| lactose                     | g                        | <0.006                |
| % of total energy           | %                        | 49                    |
| <b>Fat:</b>                 | g                        | 3.9                   |
| saturates                   | g                        | 0.4                   |
| % of total energy           | %                        | 35                    |
| <b>Dietary fibre:</b>       | g                        | 1.5                   |
| soluble                     | g                        | 0.7                   |
| insoluble                   | g                        | 0.8                   |
| <b>Minerals:</b>            |                          |                       |
| sodium                      | mg (mmol)                | 100 (4.3)             |
| potassium                   | mg (mmol)                | 150 (3.8)             |
| chloride                    | mg (mmol)                | 75 (2.1)              |
| calcium                     | mg (mmol)                | 80 (2.0)              |
| phosphorus                  | mg (mmol)                | 72 (2.3)              |
| magnesium                   | mg (mmol)                | 23 (0.9)              |
| iron                        | mg                       | 1.6                   |
| zinc                        | mg                       | 1.2                   |
| copper                      | mcg                      | 180                   |
| manganese                   | mg                       | 0.33                  |
| fluoride                    | mg                       | 0.10                  |
| molybdenum                  | mcg                      | 10                    |
| selenium                    | mcg                      | 5.7                   |
| chromium                    | mcg                      | 6.7                   |
| iodine                      | mcg                      | 13                    |
| <b>Vitamins:</b>            |                          |                       |
| vitamin A                   | mcg RE                   | 82                    |
| - carotenoids               | mg                       | 0.20                  |
| vitamin D                   | mcg                      | 0.70                  |
| vitamin E                   | mg $\alpha$ -TE          | 1.3                   |
| vitamin K                   | mcg                      | 5.3                   |
| thiamin                     | mg                       | 0.15                  |
| riboflavin                  | mg                       | 0.16                  |
| niacin                      | mg NE                    | 1.8                   |
| pantothenic acid            | mg                       | 0.53                  |
| vitamin B6                  | mg                       | 0.17                  |
| folic acid                  | mcg                      | 27                    |
| vitamin B12                 | mcg                      | 0.21                  |
| biotin                      | mcg                      | 4                     |
| vitamin C                   | mg                       | 10                    |
| <b>Others:</b>              |                          |                       |
| choline                     | mg                       | 37                    |
| <b>Water:</b>               | g                        | 84                    |
| osmolarity                  | mOsm/l                   | 230                   |
| osmolality                  | mOsm/kg H <sub>2</sub> O | 275                   |
| potential renal solute load | mOsm/l                   | 355                   |