

# Nutrison Soya

## Description

Nutrison Soya is a Food for Special Medical Purposes for use under medical supervision. Nutrison Soya is a 1kcal/ml tube feed for patients who are intolerant to, or wish to avoid cows' milk protein. Nutrison Soya is designed for the dietary management of patients with disease related malnutrition. Suitable as a sole source of nutrition for adults and children over 6 years of age.

## Indications

For enteral use only. GMS listed. ACBS approved, prescribable on form FP10 for the following indications: short bowel syndrome; intractable malabsorption; preoperative preparation of undernourished patients; inflammatory bowel disease; total gastrectomy; dysphagia; bowel fistulae; disease related malnutrition; cows' milk protein; lactose intolerance.

## Contraindications

Not for intravenous use. Not suitable for infants under 1 year of age. Not suitable for patients with galactosaemia.

## Precautions

Use with caution in children aged 1 - 6 years.

## Directions for use

Shake well before opening, immediately prior to use at room temperature. Maximum hanging time 24 hours.

## Storage

Store in a cool, dry place (5 - 25°C) and away from direct sunlight. Once opened, store in a refrigerator (<5°C) if not being used and any unused contents discarded after 24 hours.

## Shelf life

Glass bottle: 15 months. Pack: 12 months.

Best before date: see top of pack or side of glass label.

## Ingredients

Water, maltodextrin, soy protein isolate, vegetable oils, emulsifier (soy lecithin), acidity regulator (citric acid), sodium chloride, potassium chloride, di potassium hydrogen phosphate, tri potassium citrate, tri calcium di citrate, calcium carbonate, potassium hydroxide, magnesium hydrogen phosphate, choline chloride, carotenoids (contains soy) (β-carotene, lutein, lycopene), calcium hydroxide, magnesium hydroxide, sodium ascorbate, tri sodium citrate, ferrous lactate, zinc sulphate, nicotinamide, retinyl acetate, DL-α-tocopheryl acetate, manganese sulphate, copper gluconate, calcium D-pantothenate, chromium chloride, D-biotin, cholecalciferol, folic acid, thiamin hydrochloride, pyridoxine hydrochloride, cyanocobalamin, riboflavin, sodium selenite, sodium fluoride, potassium iodide, phytomenadione, sodium molybdate.

**NUTRISON SOYA IS GLUTEN, LACTOSE AND MILK PROTEIN FREE.**

Average Contents	Unit	per 100ml/ 100kcal
<b>Energy:</b>	kcal	100
	kJ	420
<b>Protein:</b>	g	4
nitrogen	g	0.6
NPC:N		134:1
% of total energy	%	16
<b>Carbohydrate:</b>	g	12.3
polysaccharides	g	11
sugars	g	1.0
lactose	g	<0.006
% of total energy	%	49
<b>Fat:</b>	g	3.9
saturates	g	0.4
% of total energy	%	35
<b>Dietary fibre:</b>	g	0
<b>Minerals:</b>		
sodium	mg (mmol)	100 (4.3)
potassium	mg (mmol)	150 (3.8)
chloride	mg (mmol)	125 (3.5)
calcium	mg (mmol)	80 (2.0)
phosphorus	mg (mmol)	72 (2.3)
magnesium	mg (mmol)	23 (0.9)
iron	mg	1.6
zinc	mg	1.2
copper	mcg	180
manganese	mg	0.33
fluoride	mg	0.10
molybdenum	mcg	10
selenium	mcg	5.7
chromium	mcg	6.7
iodine	mcg	13
<b>Vitamins:</b>		
vitamin A	mcg RE	82
– carotenoids	mg	0.20
vitamin D	mcg	0.70
vitamin E	mg $\alpha$ -TE	1.3
vitamin K	mcg	5.3
thiamin	mg	0.15
riboflavin	mg	0.16
niacin	mg NE	1.8
pantothenic acid	mg	0.53
vitamin B6	mg	0.17
folic acid	mcg	27
vitamin B12	mcg	0.21
biotin	mcg	4
vitamin C	mg	10
<b>Others:</b>		
choline	mg	37
<b>Water:</b>	g	85
osmolarity	mOsm/l	205
osmolality	mOsm/kg H <sub>2</sub> O	240
potential renal solute load	mOsm/l	303